

## WESTERN SUFFOLK BOCES BREAKFAST MENU APRIL 2026

**FREE BREAKFAST  
AND LUNCH FOR**

**Every Student.  
Every Day.**

**MEAL COMPONENTS**

**Meat/Meat alternative:**

1 oz daily

9 oz weekly

**Whole Grain:**

1 oz daily

8 oz weekly

**Vegetable:**

3/4 cup daily

**Fruit :**

1 cup daily

**Milk:**

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

**USDA REGULATIONS:**

Students must take three out of four components.

One of which must be a fruit.

**DAILY OFFERINGS**

- ✓ Cereal w/cheese stick
- ✓ Yogurt w/ WG Crackers

Gluten-free & vegetarian options available upon request with advance notice

\*All additional offerings are based on availability\*



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

		<p><b>1</b> <b>MANAGER'S CHOICE OF:</b> French Toast or Pancake served with Syrup <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p>	<p><b>2</b> <b>SPRING RECESS</b></p>	<p><b>3</b> <b>SPRING RECESS</b></p>
<p><b>6</b> <b>SPRING RECESS</b></p>	<p><b>7</b> <b>SPRING RECESS</b></p>	<p><b>8</b> <b>SPRING RECESS</b></p>	<p><b>9</b> <b>SPRING RECESS</b></p>	<p><b>10</b> <b>SPRING RECESS</b></p>
<p><b>13</b> <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick</p>	<p><b>14</b> Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick</p>	<p><b>15</b> Egg Patty with Cheese on a Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p>	<p><b>16</b> French Toast served with Syrup <i>OR</i> Cereal w/ Cheese stick</p>	<p><b>17</b> <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p>
<p><b>20</b> <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick</p>	<p><b>21</b> Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick</p>	<p><b>22</b> Colby Omelet on a Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p> 	<p><b>23</b> Waffles served with Syrup <i>OR</i> Cereal w/ Cheese stick</p>	<p><b>24</b> <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p> 
<p><b>27</b> <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick</p>	<p><b>28</b> Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick</p>	<p><b>29</b> Egg Patty with Cheese on a Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p>	<p><b>30</b> <b>MANAGER'S CHOICE OF:</b> French Toast or Waffles served with Syrup <i>OR</i> Cereal w/ Cheese stick</p>	

02/16/2026



Menu subject to change based on item availability  
This institution is an equal opportunity provider and employer

