



WESTERN SUFFOLK BOCES BREAKFAST MENU APRIL 2026

**FREE BREAKFAST
AND LUNCH FOR**

**Every Student.
Every Day.**

MEAL COMPONENTS
Meat/Meat alternative:
 1 oz daily
 9 oz weekly
Whole Grain:
 1 oz daily
 8 oz weekly
Vegetable:
 3/4 cup daily
Fruit :
 1 cup daily
Milk:
 8 oz milk choice
 Low fat/Non-fat/Non-fat Chocolate
USDA REGULATIONS:
 Students must take three out of four components.
 One of which must be a fruit.

DAILY OFFERINGS

- ✓ Cereal w/cheese stick
- ✓ Yogurt w/ WG Crackers

Gluten-free & vegetarian options available upon request with advance notice

All additional offerings are based on availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Hot Pancakes served with Syrup <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice	2 SPRING RECESS	3 SPRING RECESS
6 SPRING RECESS	7 SPRING RECESS	8 SPRING RECESS	9 SPRING RECESS	10 SPRING RECESS
13 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	14 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	15 Egg Patty with Cheese on a Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice	16 Yogurt with WG Cracker <i>OR</i> Cereal w/ Cheese stick	17 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice
20 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	21 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	22 Colby Omelet on a Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice 	23 Yogurt with WG Cracker <i>OR</i> Cereal w/ Cheese stick	24 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice
27 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	28 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	29 Egg Patty with Cheese on a Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice	30 Yogurt with WG Cracker <i>OR</i> Cereal w/ Cheese stick	

03/05/2026



Menu subject to change based on item availability
This institution is an equal opportunity provider and employer

