



# WESTERN SUFFOLK BOCES BREAKFAST MENU – CHESTNUT HILL DECEMBER 2025

**FREE BREAKFAST  
AND LUNCH FOR**

**Every Student.  
Every Day.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Choice of:</u></p> <p>Cold Cereal Yogurt with Graham Cracker <i>OR</i> Muffin with Cheese stick</p>	<p><u>Choice of:</u></p> <p>Cold Cereal Yogurt with Graham Cracker <i>OR</i> Muffin with Cheese stick</p>	<p><u>Choice of:</u></p> <p>Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice</p>	<p><u>Choice of:</u></p> <p>Cold Cereal Yogurt with Graham Cracker <i>OR</i> Muffin with Cheese stick</p>	<p><u>Choice of:</u></p> <p>Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice</p>

## MEAL COMPONENTS

### Meat/Meat alternative:

1 oz daily

9 oz weekly

### Whole Grain:

1 oz daily

8 oz weekly

### Vegetable:

3/4 cup daily

### Fruit :

1 cup daily

### Milk:

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

## USDA REGULATIONS:

Students must take three out  
of four components.

One of which must be a fruit.

## DAILY OFFERINGS

Gluten-free & vegetarian  
options available upon  
request with advance  
notice

Menu subject to change based on item availability  
This institution is an equal opportunity provider and employer