# WESTERN SUFFOLK BOCES
# BREAKFAST MENU
# DECEMBER 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| **1** Choice of: Bagel w/ Cream Cheese *OR* Bagel w/ Butter and Cheese stick *OR* Cereal w/ Cheese stick | **2** Muffin with Cheese stick *OR* Cereal with Cheese stick | **3** Colby Omelet on a Small Roll *OR* Cereal w/ Cheese stick 100% Fruit Juice | **4** French Toast Sticks served with Syrup *OR* Cereal w/ Cheese stick | **5** Choice of: Bagel w/ Cream Cheese *OR* Bagel w/ Butter and Cheese stick *OR* Cereal w/ Cheese stick 100% Fruit Juice |
| **8** Choice of: Bagel w/ Cream Cheese *OR* Bagel w/ Butter and Cheese stick *OR* Cereal w/ Cheese stick | **9** **Manager's Choice Breakfast Entrée** | **10** Egg Patty on a Small Roll *OR* Cereal w/ Cheese stick 100% Fruit Juice | **11** Waffles served with Syrup *OR* Cereal w/ Cheese stick | **12** Choice of: Bagel w/ Cream Cheese *OR* Bagel w/ Butter and Cheese stick *OR* Cereal w/ Cheese stick 100% Fruit Juice |
| **15** Choice of: Bagel w/ Cream Cheese *OR* Bagel w/ Butter and Cheese stick *OR* Cereal w/ Cheese stick | **16** Muffin with Cheese stick *OR* Cereal with Cheese stick | **17** Colby Omelet on a Small Roll *OR* Cereal w/ Cheese stick 100% Fruit Juice | **18** Pancakes served with Syrup *OR* Cereal w/ Cheese stick | **19** Choice of: Bagel w/ Cream Cheese *OR* Bagel w/ Butter and Cheese stick *OR* Cereal w/ Cheese stick 100% Fruit Juice |
| **22** Choice of: Bagel w/ Cream Cheese *OR* Bagel w/ Butter and Cheese stick *OR* Cereal w/ Cheese stick | **23** Muffin with Cheese stick *OR* Cereal with Cheese stick | **24** WINTER RECESS | **25** WINTER RECESS | **26** WINTER RECESS |
| **29** WINTER RECESS | **30** WINTER RECESS | **31** WINTER RECESS | | |

**MEAL COMPONENTS**

**Meat/Meat alternative:**
1 oz daily
9 oz weekly

**Whole Grain:**
1 oz daily
8 oz weekly

**Vegetable:**
3/4 cup daily

**Fruit :**
1 cup daily

**Milk:**
8 oz milk choice
Low fat/Non-fat/Non-fat Chocolate

**USDA REGULATIONS:**
Students must take three out of four components.
One of which must be a fruit.

## DAILY OFFERINGS

- ✓ Cereal w/cheese stick
- ✓ Yogurt w/ WG Crackers

Gluten-free & vegetarian options available upon request with advance notice

*All additional offerings are based on availability*

11/17/2025

Menu subject to change based on item availability
This institution is an equal opportunity provider and employer