



WESTERN SUFFOLK BOCES BREAKFAST MENU FEBRUARY 2026

**FREE BREAKFAST
AND LUNCH FOR**

**Every Student.
Every Day.**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick</p>	<p>3 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick</p>	<p>4 MANAGER'S CHOICE BREAKFAST ENTRÉE Cereal w/ Cheese stick 100% Fruit Juice</p>	<p>5 Yogurt with WG Cracker <i>OR</i> Cereal with Cheese stick</p>	<p>6 Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p>
<p>9 Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick</p>	<p>10 Yogurt with WG Cracker <i>OR</i> Cereal with Cheese stick</p>	<p>11 Colby Omelet on a Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p>	<p>12 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick</p>	<p>13 Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p>
 MID WINTER RECESS SCHOOLS CLOSED	MID WINTER RECESS SCHOOLS CLOSED	MID WINTER RECESS SCHOOLS CLOSED	MID WINTER RECESS SCHOOLS CLOSED	MID WINTER RECESS SCHOOLS CLOSED
<p>23 Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick</p>	<p>24 Yogurt with WG Cracker <i>OR</i> Cereal with Cheese stick</p>	<p>25 Egg Omelet on a Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p>	<p>26 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick</p>	<p>27 Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice</p>

MEAL COMPONENTS

Meat/Meat alternative:

1 oz daily
9 oz weekly

Whole Grain:

1 oz daily
8 oz weekly

Vegetable:

3/4 cup daily

Fruit :

1 cup daily

Milk:

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

USDA REGULATIONS:

Students must take three out of four components.

One of which must be a fruit.

DAILY OFFERINGS

- ✓ Cereal w/cheese stick
- ✓ Yogurt w/ WG Crackers

Gluten-free & vegetarian options available upon request with advance notice

All additional offerings are based on availability

Menu subject to change based on item availability
This institution is an equal opportunity provider and employer

01/09/2026

