



WESTERN SUFFOLK BOCES BREAKFAST MENU – CHESTNUT HILL JANUARY 2026

**FREE BREAKFAST
AND LUNCH FOR**

**Every Student.
Every Day.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Choice of:</u> Cold Cereal Yogurt with Graham Cracker <i>OR</i> Muffin with Cheese stick	<u>Choice of:</u> Cold Cereal Yogurt with Graham Cracker <i>OR</i> Muffin with Cheese stick	<u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice	<u>Choice of:</u> Cold Cereal Yogurt with Graham Cracker <i>OR</i> Muffin with Cheese stick	<u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice

MEAL COMPONENTS

Meat/Meat alternative:

1 oz daily

9 oz weekly

Whole Grain:

1 oz daily

8 oz weekly

Vegetable:

3/4 cup daily

Fruit :

1 cup daily

Milk:

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

USDA REGULATIONS:

Students must take three out
of four components.

One of which must be a fruit.

DAILY OFFERINGS

Gluten-free & vegetarian
options available upon
request with advance
notice

Menu subject to change based on item availability
This institution is an equal opportunity provider and employer