



WESTERN SUFFOLK BOCES BREAKFAST MENU JUNE 2026

FREE BREAKFAST

AND LUNCH FOR

Every Student.

Every Day.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	2 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	3 Breakfast Sandwich on WW Bun <i>OR</i> Cereal with Cheese stick 100% Fruit Juice	4 Pancakes with Syrup <i>OR</i> Cereal with Cheese stick	5 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice
8 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	9 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	10 Breakfast Sandwich on WW Bun <i>OR</i> Cereal with Cheese stick 100% Fruit Juice	11 Yogurt with Graham Cracker <i>OR</i> Cereal with Cheese stick	12 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice
15 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	16 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	17 Breakfast Sandwich on WW Bun <i>OR</i> Cereal with Cheese stick 100% Fruit Juice	18 Waffles with Syrup <i>OR</i> Cereal with Cheese stick	19 NO PROGRAM JUNETEENTH OBSERVED
22 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	23 Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	24 Breakfast Sandwich on WW Bun <i>OR</i> Cereal with Cheese stick 100% Fruit Juice	25 MANAGER'S CHOICE: French Toast / Pancakes / Waffles with Syrup <i>OR</i> Cereal with Cheese stick	26 LAST DAY OF SCHOOL <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice
29 NO PROGRAM	30 NO PROGRAM			

MEAL COMPONENTS

Meat/Meat alternative:

- 1 oz daily
- 9 oz weekly

Whole Grain:

- 1 oz daily
- 8 oz weekly

Vegetable:

- 3/4 cup daily

Fruit :

- 1 cup daily

Milk:

- 8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

USDA REGULATIONS:

Students must take three out of four components.

One of which must be a fruit.

DAILY OFFERINGS

- ✓ Cereal w/cheese stick
- ✓ Yogurt w/ WG Crackers

Gluten-free & vegetarian options available upon request with advance notice

All additional offerings are based on availability