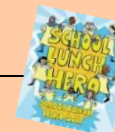


## WESTERN SUFFOLK BOCES BREAKFAST MENU MAY 2026

**FREE BREAKFAST  
AND LUNCH FOR**

**Every Student.  
Every Day.**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice
<b>4</b> Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	<b>5</b> Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	<b>6</b> Egg Patty with American on Small Roll <i>OR</i> Cereal w/ Cheese Stick 100% Fruit Juice	<b>7</b> Pancakes served with Syrup <i>OR</i> Cereal w/ Cheese Stick	<b>8</b> Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice
<b>11</b> Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	<b>12</b> Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	<b>13</b> Egg Patty with Turkey Sausage Patty on Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice	<b>14</b> French Toast served with Syrup <i>OR</i> Cereal w/ Cheese stick	<b>15</b> Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice
<b>18</b> Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick	<b>19</b> Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	<b>20</b> Colby Omelet on a Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice	<b>21</b> Waffles served with Syrup <i>OR</i> Cereal w/ Cheese stick	<b>22</b> Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice
<b>25</b> <b>MEMORIAL DAY OBSERVED</b> 	<b>26</b> Muffin with Cheese stick <i>OR</i> Cereal with Cheese stick	<b>27</b> Egg Patty with Turkey Sausage Patty on Small Roll <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice	<b>28</b> <b>MANAGER'S CHOICE OF:</b> French Toast or Waffles served with Syrup <i>OR</i> Cereal w/ Cheese stick	<b>29</b> Choice of: Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cereal w/ Cheese stick 100% Fruit Juice

**MEAL COMPONENTS**  
Meat/Meat alternative:

1 oz daily  
9 oz weekly

Whole Grain:

1 oz daily  
8 oz weekly

Vegetable:

3/4 cup daily

Fruit :

1 cup daily

Milk:

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

USDA REGULATIONS:

Students must take three out of four components.  
One of which must be a fruit.

**DAILY OFFERINGS**

- ✓ Cereal w/cheese stick
- ✓ Yogurt w/ WG Crackers

Gluten-free & vegetarian options available upon request with advance notice

\*All additional offerings are based on availability\*