



WESTERN SUFFOLK BOCES
OCTOBER 2026
ELEMENTARY LUNCH MENU

FREE BREAKFAST
AND LUNCH FOR

Every Student.
Every Day.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1				1 CRUNCH & MUNCH Tacos served with fixings Seasoned Beans 	2 Cheese Pizza Carrots
Week 2	5 Baked Mozzarella Sticks served with Marinara Sauce Steamed Broccoli	6 CHICKEN 'N WAFFLES Breaded Chicken Patty served with WG Waffle and Syrup Tossed Salad with Dressing	7 Hamburger/Cheeseburger on a WG Bun Vegetarian Beans	8 WSB BOWL Crispy Popcorn Chicken over Mashed Potatoes, Sweet Corn, Shredded Cheddar, Gravy, and a WG Cracker	9 Cheese Pizza Baked Sweet Potato Fries
Week 3	12 COLUMBUS DAY 	13 Golden Chicken Tenders served with Dipping Sauce Tossed Salad with Dressing	14 MEATBALL MANIA Zesty Meatballs, Mozzarella, & Marinara Sauce on a WG Roll Three Bean Salad Vinaigrette	15 Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Sweet Corn	16 Cheese Pizza Carrots 
Week 4	19 Garlic Twisted Cheesy Breadsticks served with Marinara Sauce Three Bean Salad with Vinaigrette	20 ASIAN BOWL  Popcorn Chicken with an Asian inspired Sauce over Brown Rice Roasted Broccoli	21 Hamburger/Cheeseburger on a WG Bun Baked Sweet Potato Fries	22 Breaded Chicken Patty Parmesan-style served on a WG Bun Sautéed Spinach	23 Cheese Pizza Oven Baked French Fries
Week 1	26 Pizza Crunchers served with Marinara Sauce Oven Baked French Fries	27 Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Tossed Salad with Dressing	28 MAC 'N TREES WG Macaroni and Cheese served with Garlicky Broccoli	29 CRUNCH & MUNCH  Tacos served with fixings Seasoned Beans	30 Cheese Pizza Carrots

MEAL COMPONENTS

Meat/Meat alternative:

1 oz daily | 9 oz weekly

Milk:

8 oz milk choice

Vegetable:

3/4 cup daily

Whole Grain:

1 oz daily | 8 oz weekly

Low fat/Non-fat/Non-fat Choc

Fruit:

1/2 cup daily

USDA REGULATIONS:

Students must take three out of five components.
One of which must be a fruit or vegetable.

DAILY OFFERINGS

American Cheese | Sun butter & Jelly | Cold Cut Sandwich

GF & vegetarian options available upon request
With advance notice

All additional offerings based on item availability

IMPORTANT DATES

NO SCHOOL

October 12 – Columbus Day