



WESTERN SUFFOLK BOCES
 JH / MS / HS LUNCH MENU
 APRIL 2026

**FREE BREAKFAST
 AND LUNCH FOR
 Every Student.
 Every Day.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAY
		1 BRUNCH FOR LUNCH Egg Sandwich on a Soft Roll Crispy Tater Tots or Hash Brown Potatoes	2 SPRING RECESS	3 SPRING RECESS
6 SPRING RECESS	7 SPRING RECESS	8 SPRING RECESS	9 SPRING RECESS	10 SPRING RECESS
13 Hamburger/Cheeseburger on WW Bun Three Bean Salad	14 Crisp & Crunchy Breaded Chicken Patty on a WW Bun Oven Baked Sweet Potato Fries	15 Cheesy Lasagna Rollup WG Cracker Steamed Broccoli	16 Crunchy Chicken Nuggets served with Dipping Sauce WG Cracker Sweet Corn	17 Cheese Pizza Carrots 
20 Pizza Crunchers served with Marinara Sauce Mixed Vegetables	21 Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Oven Baked French Fries	22 Taco served with fixings Seasoned Vegetarian Beans 	23 Golden Chicken Tenders served with Dipping Sauce Oven Baked Sweet Potato Fries	24 Cheese Pizza Steamed Broccoli 
27 Baked Mozzarella Sticks served with Marinara Sauce Steamed Spinach	28 Breaded Chicken Patty Parmesan-style Sandwich Seasoned Three Bean Salad	29 Mini Meatloaf Small Dinner Roll Oven Baked French Fries	30 Crispy Popcorn Chicken served with BBQ or Sweet & Sour Sauce WG Cracker Seasoned Carrots	

MEAL COMPONENTS
Meat/Meat alternative:
 1 oz daily
 9 oz weekly
Whole Grain:
 1 oz daily
 8 oz weekly
Vegetable:
 3/4 cup daily
Fruit :
 1/2 cup daily
Milk :
 8 oz milk choice
 Low fat/Non-fat/Non-fat Chocolate
USDA REGULATIONS:
 Students must take three out of
 five components.
 One of which must be a fruit or
 vegetable.

DAILY OFFERINGS
 ✓ American Cheese sandwich
 ✓ Sun butter & Jelly
 ✓ Cold Cut Sandwich
 Fruit & milk choice
 offered daily
 Gluten-free & vegetarian
 options available upon
 request with advance notice

03/05/2026



Menu subject to change based on item availability
 This institution is an equal opportunity provider and employer



*All additional offerings
 are based on availability*