



WESTERN SUFFOLK BOCES
MS / JH / HS LUNCH MENU
FEBRUARY 2026



**FREE BREAKFAST
AND LUNCH FOR
Every Student.
Every Day.**

MEAL COMPONENTS
Meat/Meat alternative:
1 oz daily
9 oz weekly
Whole Grain:
1 oz daily
8 oz weekly
Vegetable:
3/4 cup daily
Fruit :
1/2 cup daily
Milk :
8 oz milk choice
Low fat/Non-fat/Non-fat Chocolate
USDA REGULATIONS:
Students must take three out of five components.
One of which must be a fruit or vegetable.

DAILY OFFERINGS

- ✓ American Cheese sandwich
- ✓ Sun butter & Jelly
- ✓ Cold Cut Sandwich

Fruit & milk choice offered daily

Gluten-free & vegetarian options available upon request with advance notice

All additional offerings are based on availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAY
2 Cheesy Filled Twisted Breadsticks served with Marinara Sauce Garlicky Broccoli	3 Breaded Chicken Patty on WW Bun Seasoned Corn & Green Beans	4 Hamburger/Cheeseburger on WW Bun Oven Baked French Fries	5 Taco served with fixings Seasoned Vegetarian Baked Beans Steamed Rice 	6 Cheese Pizza Crunchy Carrots
9 Hamburger/Cheeseburger on WW Bun Oven Baked Sweet Potato Fries	10 Breaded Chicken Patty Parmesan-style Sandwich Green Beans	11 Cheesy Filled Twisted Breadsticks served with Marinara Sauce Garlicky Broccoli	12 Crispy Chicken Nuggets served with Dipping Sauce Cracker Three Bean Salad	13 Cheese Pizza Sweet Corn Salad 
16  MID WINTER RECESS SCHOOLS CLOSED	17 MID WINTER RECESS SCHOOLS CLOSED	18 MID WINTER RECESS SCHOOLS CLOSED	19 MID WINTER RECESS SCHOOLS CLOSED	20 MID WINTER RECESS SCHOOLS CLOSED
23 Pizza Crunchers served with Marinara Sauce Mixed Vegetables	24 Breaded Chicken Tenders served with Dipping Sauce Oven Baked Sweet Potato Fries	25 Hamburger/Cheeseburger on WW Bun Seasoned Vegetarian Beans	26 Crispy Chicken Nuggets served with Dipping Sauce Cracker Oven Baked French Fries	27 Cheese Pizza Steamed Broccoli

12/12/2025



Menu subject to change based on item availability
This institution is an equal opportunity provider and employer

