



WESTERN SUFFOLK BOCES
MS / JH / HS LUNCH MENU
FEBRUARY 2026



**FREE BREAKFAST
AND LUNCH FOR
Every Student.
Every Day.**

MEAL COMPONENTS
Meat/Meat alternative:
1 oz daily
9 oz weekly
Whole Grain:
1 oz daily
8 oz weekly
Vegetable:
3/4 cup daily
Fruit :
1/2 cup daily
Milk :
8 oz milk choice
Low fat/Non-fat/Non-fat Chocolate
USDA REGULATIONS:
Students must take three out of five components.
One of which must be a fruit or vegetable.

DAILY OFFERINGS

- ✓ American Cheese sandwich
- ✓ Sun butter & Jelly
- ✓ Cold Cut Sandwich

Fruit & milk choice offered daily

Gluten-free & vegetarian options available upon request with advance notice

All additional offerings are based on availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAY
2 Jalapeno Cheese Bites served with Marinara Sauce Garlicky Broccoli	3 Grilled Chicken Patty with Cheese on WW Bun Seasoned Corn & Green Beans	4 Hotdog on WW Bun Oven Baked French Fries Vegetarian Baked Beans	5 Meatball Hero with Marinara Sauce Spinach	6 Cheese Pizza Crunchy Carrots
9 Hamburger/Cheeseburger on WW Bun Oven Baked Sweet Potato Fries	10 BBQ Pulled Chicken Sandwich Vegetarian Baked Beans	11 Cheesy Lasagna Rollup served Cracker Garlicky Broccoli	12 Crispy Chicken Nuggets served with Dipping Sauce Cracker Oven Baked French Fries	13 Cheese Pizza Sweet Corn Salad 
16  MID WINTER RECESS SCHOOLS CLOSED	17 MID WINTER RECESS SCHOOLS CLOSED	18 MID WINTER RECESS SCHOOLS CLOSED	19 MID WINTER RECESS SCHOOLS CLOSED	20 MID WINTER RECESS SCHOOLS CLOSED
23 Pizza Crunchers served with Marinara Sauce Mixed Vegetables	24 Breaded Chicken Tenders served with Dipping Sauce Oven Baked Sweet Potato Fries	25 Hamburger/Cheeseburger on WW Bun Seasoned Vegetarian Beans	26 Crispy Chicken Nuggets served with Dipping Sauce Cracker Oven Baked French Fries	27 Cheese Pizza Steamed Broccoli



Menu subject to change based on item availability
This institution is an equal opportunity provider and employer

