



WESTERN SUFFOLK BOCES
JR/MS/HS LUNCH MENU
JUNE 2026



FREE BREAKFAST
AND LUNCH FOR

Every Student.

Every Day.

MEAL COMPONENTS

Meat/Meat alternative:

1 oz daily
9 oz weekly

Whole Grain:

1 oz daily
8 oz weekly

Vegetable:

3/4 cup daily

Fruit :

1/2 cup daily

Milk :

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

USDA REGULATIONS:

Students must take three out of five components.

One of which must be a fruit or vegetable.

DAILY OFFERINGS

- ✓ American Cheese sandwich
- ✓ Sun butter & Jelly
- ✓ Cold Cut Sandwich

Fruit & milk choice offered daily

Gluten-free & vegetarian options available upon request with advance notice

All additional offerings are based on availability



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

PIZZA FRIDAY

1 Pizza Crunchers served with Marinara Sauce Green Beans	2 Golden Chicken Tenders Seasoned Vegetarian Beans	3 Garlicy Cheese Twists served with Marinara Sauce Tossed Salad with Dressing	4 Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Sweet Corn	5 Cheese Pizza Oven Baked Sweet Potato Fries
8 MANAGER'S CHOICE: Hamburger or Hotdog on Bun served with Crispy Oven Baked Potatoes	9 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cold Cut Sandwich Tossed Salad with Dressing	10 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cold Cut Sandwich Steamed Broccoli	11 Parmesan-style Breaded Chicken Patty topped with Marinara and Mozzarella Small Dinner Roll Three Bean Salad Vinaigrette	12 Cheese Pizza Sweet Carrots
15 Hamburger/Cheeseburger on a WW Bun Seasoned Vegetarian Beans	16 Crispy Chicken Nuggets Served with Dipping Sauce WG Cracker Crunchy Carrots	17 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cold Cut Sandwich Steamed Broccoli	18 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cold Cut Sandwich Sweet Corn	19 NO PROGRAM JUNETEENTH OBSERVED
22 BRUNCH FOR LUNCH Manager's Choice Breakfast Sandwich served with Potatoes	23 <u>Choice of:</u> Bagel w/ Cream Cheese <i>OR</i> Bagel w/ Butter and Cheese stick <i>OR</i> Cold Cut Sandwich Carrot Coins	24 Hamburger on WW Bun Baked Vegetarian Beans	25 ½ DAY NO PROGRAM	26 LAST DAY OF SCHOOL NO PROGRAM
29 NO PROGRAM	30 NO PROGRAM			