



WESTERN SUFFOLK BOCES
MS / JH / HS LUNCH MENU
MARCH 2026



**FREE BREAKFAST
AND LUNCH FOR
Every Student.
Every Day.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAY
2 Hamburger/Cheeseburger on WW Bun Oven Baked Sweet Potato Fries	3 ASIAN BOWL Breaded Chicken Chunks with an Asian-inspired sauce & Broccoli over Rice 	4 Cheesy Filled Twisted Breadsticks served with Marinara Sauce Garlicky Broccoli	5 Fajita-Style Chicken Taco served with fixings Vegetarian Baked Beans 	6 Cheese Pizza Sweet Corn Salad
59 Baked Mozzarella Sticks served with Marinara Sauce Garlicky Green Beans	10 Crispy Chicken Nuggets served with Dipping Sauce Cracker Tossed Salad with Dressing	11 Meatball Marinara Sandwich on a Soft Roll Steamed Broccoli	12 Breaded Chicken Tenders served with BBQ Dipping Sauce Vegetarian Baked Beans	13 Cheese Pizza Crunchy Carrots 
16 Hamburger/Cheeseburger on WW Bun Three Bean Salad	17 Breaded Chicken Patty with Sliced American on WW Bun Steamed Broccoli 	18 Hotdog served on Bun Oven Baked Sweet Potato Fries	19 Crispy Chicken Nuggets served with Dipping Sauce Cracker Sweet Corn	20 NO STUDENTS SCHOOLS CLOSED
23 Pizza Crunchers served with Marinara Sauce Mixed Vegetables	24 Crispy Chicken Tenders served with Dipping Sauce Oven Baked French Fries	25 "Mac & Trees" Goopy Macaroni & Cheese served with Seasoned Broccoli	26 Tasty Chicken Fajita Wrap served with Seasoned Kidney Beans 	27 Cheese Pizza Crunchy Carrots
30 Hamburger/Cheeseburger on WW Bun Oven Baked Sweet Potato Fries	31 Breaded Chicken Patty Parmesan-style Sandwich Seasoned Green Beans			

MEAL COMPONENTS

Meat/Meat alternative:

1 oz daily
9 oz weekly

Whole Grain:

1 oz daily
8 oz weekly

Vegetable:

3/4 cup daily

Fruit :

1/2 cup daily

Milk :

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

USDA REGULATIONS:

Students must take three out of five components.

One of which must be a fruit or vegetable.

DAILY OFFERINGS

- ✓ American Cheese sandwich
- ✓ Sun butter & Jelly
- ✓ Cold Cut Sandwich

Fruit & milk choice offered daily

Gluten-free & vegetarian options available upon request with advance notice

All additional offerings are based on availability

