



WESTERN SUFFOLK BOCES  
MS / JH / HS LUNCH MENU  
MARCH 2026



FREE BREAKFAST  
AND LUNCH FOR  
**Every Student.**  
**Every Day.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAY
<b>2</b> Hamburger/Cheeseburger on WW Bun Oven Baked Sweet Potato Fries	<b>3</b> <b>ASIAN BOWL</b> Breaded Chicken Chunks with an Asian-inspired sauce & Broccoli over Rice 	<b>4</b> Cheesy Filled Twisted Breadsticks served with Marinara Sauce Garlicky Broccoli	<b>5</b> Taco served with fixings Seasoned Vegetarian Baked Beans 	<b>6</b> Cheese Pizza Sweet Corn Salad
<b>59</b> Baked Mozzarella Sticks served with Marinara Sauce Garlicky Green Beans	<b>10</b> Crispy Chicken Nuggets served with Dipping Sauce Cracker Tossed Salad with Dressing	<b>11</b> Meatball Marinara Sandwich on a Soft Roll Steamed Broccoli	<b>12</b> Breaded Chicken Tenders served with BBQ Dipping Sauce Vegetarian Baked Beans	<b>13</b> Cheese Pizza Crunchy Carrots 
<b>16</b> Hamburger/Cheeseburger on WW Bun Three Bean Salad	<b>17</b> Breaded Chicken Patty with Sliced American on WW Bun Oven Baked Sweet Potato Fries 	<b>18</b> Cheesy Bites served with Marinara Sauce Steamed Broccoli	<b>19</b> Crispy Chicken Nuggets served with Dipping Sauce Cracker Sweet Corn	<b>20</b>  <b>NO STUDENTS SCHOOLS CLOSED</b>
<b>23</b> Pizza Crunchers served with Marinara Sauce Mixed Vegetables	<b>24</b> Crispy Chicken Tenders served with Dipping Sauce Oven Baked French Fries	<b>25</b> <b>"Mac &amp; Trees"</b> Goosey Macaroni & Cheese served with Seasoned Broccoli	<b>26</b> House made Chili Tortilla Chips Seasoned Kidney Beans	<b>27</b> Cheese Pizza Crunchy Carrots
<b>30</b> Hamburger/Cheeseburger on WW Bun Oven Baked Sweet Potato Fries	<b>31</b> Breaded Chicken Patty Parmesan-style Sandwich Seasoned Green Beans			

MEAL COMPONENTS

Meat/Meat alternative:

1 oz daily  
9 oz weekly

Whole Grain:

1 oz daily  
8 oz weekly

Vegetable:

3/4 cup daily

Fruit :

1/2 cup daily

Milk :

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

USDA REGULATIONS:

Students must take three out of five components.

One of which must be a fruit or vegetable.

DAILY OFFERINGS

- ✓ American Cheese sandwich
- ✓ Sun butter & Jelly
- ✓ Cold Cut Sandwich

Fruit & milk choice offered daily

Gluten-free & vegetarian options available upon request with advance notice

\*All additional offerings are based on availability\*