



## WESTERN SUFFOLK BOCES ELEMENTARY LUNCH MENU



**FREE BREAKFAST**

**AND LUNCH FOR**

**Every Student.**

**Every Day.**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**PIZZA FRIDAY**

<b>4</b> Soft and Savory Garlic Cheesy Bread Twists served with Marinara Sauce Sautéed Spinach	<b>5</b> <b>CHICKEN TACO</b> Crunchy Chicken Nuggets served in a Taco Shell with Shredded Cheese Vegetarian Beans	<b>6</b> Zesty Mozzarella Sticks served with Marinara Sauce Tossed Salad with Dressing	<b>7</b> Golden Chicken Tenders served with Dipping Sauce Crunchy Carrots	<b>1</b> Cheese Pizza Oven Baked Sweet Potato Fries
<b>11</b> Hamburger/Cheeseburger on a WW Bun Three Bean Salad	<b>12</b> Crisp & Crunchy Breaded Chicken Patty on a WW Bun Tossed Salad with Dressing	<b>13</b> Savory Meatballs over Pasta with Marinara Steamed Broccoli	<b>14</b> Crunchy Chicken Nuggets served with BBQ or Sweet & Sour Sauce WG Cracker Sweet Corn	<b>8</b> Cheese Pizza Oven Baked French Fries
<b>18</b> Zesty Mozzarella Sticks served with Marinara Sauce Mixed Vegetables	<b>19</b> Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Oven Baked French Fries	<b>20</b> Taco served with fixings Seasoned Vegetarian Beans	<b>21</b> Golden Chicken Tenders served with Dipping Sauce Oven Baked Sweet Potato Fries	<b>15</b> Cheese Pizza Oven Baked Sweet Potato Fries
<b>25</b> <b>MEMORIAL DAY OBSERVED</b> 	<b>26</b> Breaded Chicken Patty Parmesan-style Sandwich Seasoned Three Bean Salad	<b>27</b> Hamburger/Cheeseburger on a WW Bun Oven Baked French Fries Crunchy Carrots	<b>28</b> <b>WSB BOWL</b> Crispy Popcorn Chicken over Mashed Potatoes, Sweet Corn, topped with Shredded Cheddar, Gravy and a WG Cracker	<b>22</b> Cheese Pizza Steamed Broccoli
				<b>29</b> Cheese Pizza Steamed Spinach

**MEAL COMPONENTS**

**Meat/Meat alternative:**

1 oz daily  
9 oz weekly

**Whole Grain:**

1 oz daily  
8 oz weekly

**Vegetable:**

3/4 cup daily

**Fruit :**

1/2 cup daily

**Milk :**

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

**USDA REGULATIONS:**

Students must take three out of five components.

One of which must be a fruit or vegetable.

**DAILY OFFERINGS**

- ✓ American Cheese sandwich
- ✓ Sun butter & Jelly
- ✓ Cold Cut Sandwich

Fruit & milk choice offered daily

Gluten-free & vegetarian options available upon request with advance notice

\*All additional offerings are based on availability\*