



WESTERN SUFFOLK BOCES
JR/MS/HS LUNCH MENU
MAY 2026



FREE BREAKFAST

AND LUNCH FOR

Every Student.

Every Day.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

PIZZA FRIDAY

| | | | | |
|--|---|--|---|--|
| | | | | <p>1 <u>Choice of:</u> Cheese Pizza <i>OR</i> Pizza with BBQ Chicken topping Crunchy Carrots</p> |
| <p>4 THE GOBBLEWICH Sliced Turkey on a Toasted Garlic Bun served with a Crispy Hash Brown</p> | <p>5 CHICKEN TACO Crunchy Chicken Nuggets served in a Taco Shell with Shredded Cheese Vegetarian Beans</p> | <p>6 Crunchy and Cheesy Mac & Cheese Bites served with a Dipping Sauce Seasoned Broccoli</p> | <p>7 Golden Chicken Tenders served with Dipping Sauce Crunchy Carrots</p> | <p>8 Cheese Pizza Oven Baked French Fries</p> |
| <p>11 Hamburger/Cheeseburger on a WW Bun Three Bean Salad</p> | <p>12 Crisp & Crunchy Breaded Chicken Patty on a WW Bun Oven Baked Sweet Potato Fries</p> | <p>13 Savory Meatloaf over Garlicky Noodles Steamed Broccoli</p> | <p>14 Chicken Fajitas with Roasted Peppers and Melted cheese served with Rice Sweet Corn</p> | <p>15 Cheese Pizza Carrots</p> |
| <p>18 Pizza Crunchers served with Marinara Sauce Mixed Vegetables</p> | <p>19 Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Oven Baked French Fries</p> | <p>20 Taco served with fixings Seasoned Vegetarian Beans</p> | <p>21 Golden Chicken Tenders served with Dipping Sauce Oven Baked Sweet Potato Fries</p> | <p>22 Cheese Pizza Steamed Broccoli</p> |
| <p>25 MEMORIAL DAY OBSERVED</p> | <p>26 Breaded Chicken Patty Parmesan-style Sandwich Three Bean Salad</p> | <p>27 Hamburger/Cheeseburger on a WW Bun Oven Baked French Fries Steamed Spinach</p> | <p>28 WSB BOWL Crispy Popcorn Chicken over Mashed Potatoes, Sweet Corn, topped with Shredded Cheddar, Gravy and a WG Cracker</p> | <p>29 <u>Choice of:</u> Cheese Pizza <i>OR</i> Pizza with BBQ Chicken topping Crunchy Carrots</p> |

MEAL COMPONENTS

Meat/Meat alternative:

1 oz daily
9 oz weekly

Whole Grain:

1 oz daily
8 oz weekly

Vegetable:

3/4 cup daily

Fruit :

1/2 cup daily

Milk :

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

USDA REGULATIONS:

Students must take three out of five components.

One of which must be a fruit or vegetable.

DAILY OFFERINGS

- ✓ American Cheese sandwich
- ✓ Sun butter & Jelly
- ✓ Cold Cut Sandwich

Fruit & milk choice offered daily

Gluten-free & vegetarian options available upon request with advance notice

All additional offerings are based on availability

