



WESTERN SUFFOLK BOCES
JR/MS/HS LUNCH MENU
MAY 2026



**FREE BREAKFAST
AND LUNCH FOR
Every Student.
Every Day.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAY
				1 Cheese Pizza Carrots
4 THE WESTERN Pulled Chicken seasoned with BBQ Teriyaki on a WG Bun Oven Baked French Fries	5 CHICKEN TACO Crunchy Chicken Nuggets served in a Taco Shell with Shredded Cheese and Seasoned Beans	6 Cheesy Mozzarella Sticks served with Marinara Sauce Tossed Salad with Dressing	7 Golden Chicken Tenders served with Dipping Sauce Crunchy Carrots	8 Cheese Pizza Sautéed Spinach
11 Hamburger/Cheeseburger on a WW Bun Corn	12 Crisp & Crunchy Breaded Chicken Patty on a WW Bun Oven Baked Sweet Potato Fries	13 Savory Meatballs over Pasta with Marinara Steamed Broccoli	14 Asian Teriyaki Chicken served over Rice Sweet Glazed Carrots	15 Cheese Pizza Three Bean Salad
18 Cheesy Mozzarella Sticks served with Marinara Sauce Spinach	19 Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Oven Baked French Fries	20 Pizza Crunchers served with Marinara Sauce Mixed Vegetables	21 Golden Chicken Tenders served with Dipping Sauce Oven Baked Sweet Potato Fries	22 Cheese Pizza Three Bean Salad
25 MEMORIAL DAY OBSERVED 	26 Breaded Chicken Patty Parmesan-style Sandwich Seasoned Three Bean Salad	27 Meatloaf served over Garlic Noodles Steamed Spinach	28 WSB BOWL Crispy Popcorn Chicken over Mashed Potatoes, Sweet Corn, topped with Shredded Cheddar, Gravy and a WG Cracker	29 Cheese Pizza Crunchy Carrots

MEAL COMPONENTS

Meat/Meat alternative:

1 oz daily
9 oz weekly

Whole Grain:

1 oz daily
8 oz weekly

Vegetable:

3/4 cup daily

Fruit :

1/2 cup daily

Milk :

8 oz milk choice

Low fat/Non-fat/Non-fat Chocolate

USDA REGULATIONS:

Students must take three out of
five components.

One of which must be a fruit or
vegetable.

DAILY OFFERINGS

- ✓ American Cheese sandwich
- ✓ Sun butter & Jelly
- ✓ Cold Cut Sandwich

Fruit & milk choice
offered daily

Gluten-free & vegetarian
options available upon
request with advance notice

*All additional offerings
are based on availability*