



WESTERN SUFFOLK BOCES
JR/MS/HS LUNCH MENU
MAY 2026



**FREE BREAKFAST
AND LUNCH FOR
Every Student.
Every Day.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAY
				1 Cheese Pizza Carrots
4 BRUNCH FOR LUNCH Manager's Choice Breakfast Sandwich served with Potatoes	5 CHICKEN TACO Crunchy Chicken Nuggets served in a Taco Shell with Shredded Cheese and Seasoned Beans	6 Zesty Mozzarella Sticks served with Marinara Sauce Tossed Salad with Dressing	7 Golden Chicken Tenders served with Dipping Sauce Crunchy Carrots	8 Cheese Pizza Sautéed Spinach
11 Hamburger/Cheeseburger on a WW Bun Three Bean Salad	12 Crisp & Crunchy Breaded Chicken Patty on a WW Bun Oven Baked Sweet Potato Fries	13 Cheesy Lasagna Rollup WG Cracker Steamed Broccoli	14 Crunchy Chicken Nuggets served with Dipping Sauce WG Cracker Sweet Corn	15 Cheese Pizza Carrots
18 Pizza Crunchers served with Marinara Sauce Mixed Vegetables	19 Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Oven Baked French Fries	20 Garlicy Cheese twists served with Marinara Sauce Three Bean Salad	21 Golden Chicken Tenders served with Dipping Sauce Oven Baked Sweet Potato Fries	22 Cheese Pizza Steamed Broccoli
25 MEMORIAL DAY OBSERVED 	26 Breaded Chicken Patty Parmesan-style Sandwich Three Bean Salad	27 Hamburger/Cheeseburger on a WW Bun Oven Baked French Fries Steamed Spinach	28 WSB BOWL Crispy Popcorn Chicken over Mashed Potatoes, Sweet Corn, topped with Shredded Cheddar, Gravy and a WG Cracker	29 Cheese Pizza Crunchy Carrots

MEAL COMPONENTS
Meat/Meat alternative:
1 oz daily
9 oz weekly
Whole Grain:
1 oz daily
8 oz weekly
Vegetable:
3/4 cup daily
Fruit :
1/2 cup daily
Milk :
8 oz milk choice
Low fat/Non-fat/Non-fat Chocolate
USDA REGULATIONS:
Students must take three out of
five components.
One of which must be a fruit or
vegetable.

DAILY OFFERINGS
✓ American Cheese sandwich
✓ Sun butter & Jelly
✓ Cold Cut Sandwich

Fruit & milk choice
offered daily

Gluten-free & vegetarian
options available upon
request with advance notice