WESTERN SUFFOLK BOCES
NOVEMBER 2026
MS/JH/HS LUNCH MENU

FREE BREAKFAST AND LUNCH FOR Every Student. Every Day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Mozzarella Sticks served with Marinara Sauce Steamed Broccoli	**3** **ELECTION DAY** 	**4** Hamburger/Cheeseburger on a WG Bun Vegetarian Beans	**5** **WSB BOWL** Crispy Popcorn Chicken over Mashed Potatoes, Sweet Corn, Shredded Cheddar, Gravy, and a WG Cracker	**6** Cheese Pizza Baked Sweet Potato Fries
9 **BRUNCH FOR LUNCH** Manager's Choice Breakfast Sandwich with Cheese on WG Bun Tots or Hash Brown Potatoes	**10** Golden Chicken Tenders served with Dipping Sauce Tossed Salad with Dressing	**11** **VETERAN'S DAY** 	**12** Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Sweet Corn	**13** Cheese Pizza Carrots 
16 Garlic Twisted Cheesy Breadsticks served with Marinara Sauce Three Bean Salad with Vinaigrette	**17** **ASIAN BOWL** Popcorn Chicken with an Asian inspired Sauce over Brown Rice Roasted Broccoli 	**18** Hamburger/Cheeseburger on a WG Bun Baked Sweet Potato Fries	**19** Breaded Chicken Patty Parmesan-style served on a WG Bun Sautéed Spinach	**20** Cheese Pizza Oven Baked French Fries
23 **THANKSGIVING FEAST** Hot Turkey served with Mashed Potatoes & Gravy Green Beans Freshly Baked Biscuit	**24** Crispy Chicken Nuggets served with Dipping Sauce WG Cracker Tossed Salad with Dressing	**25**  **THANKSGIVING**	**26**  **RECESS**	**27**  **OBSERVED**
30 Baked Mozzarella Sticks served with Marinara Sauce Steamed Broccoli				

MEAL COMPONENTS

Meat/Meat alternative: 1 oz daily | 9 oz weekly
Whole Grain: 1 oz daily | 8 oz weekly
Milk: 8 oz milk choice, Low fat/Non-fat/Non-fat Choc
Vegetable: 3/4 cup daily
Fruit: 1/2 cup daily

USDA REGULATIONS:
Students must take three out of five components.
One of which must be a fruit or vegetable.

DAILY OFFERINGS

American Cheese | Sun butter & Jelly | Cold Cut Sandwich

GF & vegetarian options available upon request
With advance notice

All additional offerings based on item availability

IMPORTANT DATES

NO SCHOOL
November 3- Election Day
November 11- Veteran's Day
November 25-27– Thanksgiving

07/20/2026

Menu subject to change based on availability
This institution is an equal opportunity provider and employer